

Welcome Baby!

Your Well-Child Visits from 0-8 Years



It's never too early to start reading with your baby! Starting at birth, reading with children promotes healthy brain development.

Univera Healthy Baby Connection is a program that gives you personalized support during and after pregnancy. It's easy to sign up. Call 1-877-222-1240 today!



2-5 Day Visit

- Feeding & gaining weight
- Back-safe sleep
- Tummy time
- Taking care of Mom's health
- Daycare plans

Appointment Date

1 Month Visit

- Sleeping & feeding habits
- Back-safe sleep & safety
- Hearing & vision
- Tummy time

Appointment Date

2 Month Visit

- Sleeping & feeding habits
- Hearing & vision
- Physical & immunizations
- Tummy time

Appointment Date

4 Month Visit

- Sleeping and eating habits
- Physical & immunizations
- Tummy time

Appointment Date

6 Month Visit

- Sleeping and eating habits
- Cognitive & physical development
- Physical & immunizations
- Safety with crawling

Appointment Date

9 Month Visit

- Sleeping and eating habits
- Cognitive & physical development
- Physical & immunizations

Appointment Date

Happy 1st Birthday

- Developmental screening
- Anemia screening & lead testing
- Hearing & vision
- Sleeping and eating habits
- Physical & immunizations

Appointment Date

15 Month Visit

- Sleeping and eating habits
- Emotional & cognitive development
- Physical & immunizations

Appointment Date

18 Month Visit

- Sleeping and eating habits
- Cognitive & physical development
- Physical & immunizations

Appointment Date

2 Year Visit (24 months)

- Developmental screening
- Sleeping and eating habits
- Lead testing
- Physical & immunizations
- Potty training

Appointment Date

2 ½ Year Visit (30 Months)

- Developmental screening
- Nutrition & activity
- Physical & immunizations
- Potty training

Appointment Date

3 Year Visit (36 Months)

- Developmental screening
- Sleeping and eating habits
- Nutrition & activity
- Physical & immunizations
- Potty training
- Preschool/head start

Appointment Date

4 Year Visit

- Developmental screening
- Staying healthy
- School-readiness
- Physical & immunizations

Appointment Date

5-6 Year Visit

- Staying healthy
- School-readiness
- Family time
- Physical & immunizations

Appointment Date

7-8 Year Visit

- Staying healthy
- School-readiness
- Family time
- Physical

Appointment Date